



YEAR-AT-A-GLANCE

PE SKILL THEMES

BY MONTH

AUG/SEPT

Locomotor



OCTOBER

Throwing &
Catching



NOVEMBER

Striking



DECEMBER

Physical
Fitness



JANUARY

Dance +
Balance



FEBRUARY

Kicking



MARCH

Jumping +
Jump Rope



APRIL

Dribbling



MAY

Sports
Skills



JUNE

Cooperative
Games

